

**ENGLISH SPEAKING ANXIETY OF ENGLISH STUDY  
PROGRAM STUDENTS IN UIN FATMAWATI SUKARNO  
BENGKULU**

**THESIS**

Submitted as a Partial Fulfillment of the Requirements for the  
Degree Bachelor of English Education (S.Pd) in English  
Education Study Program



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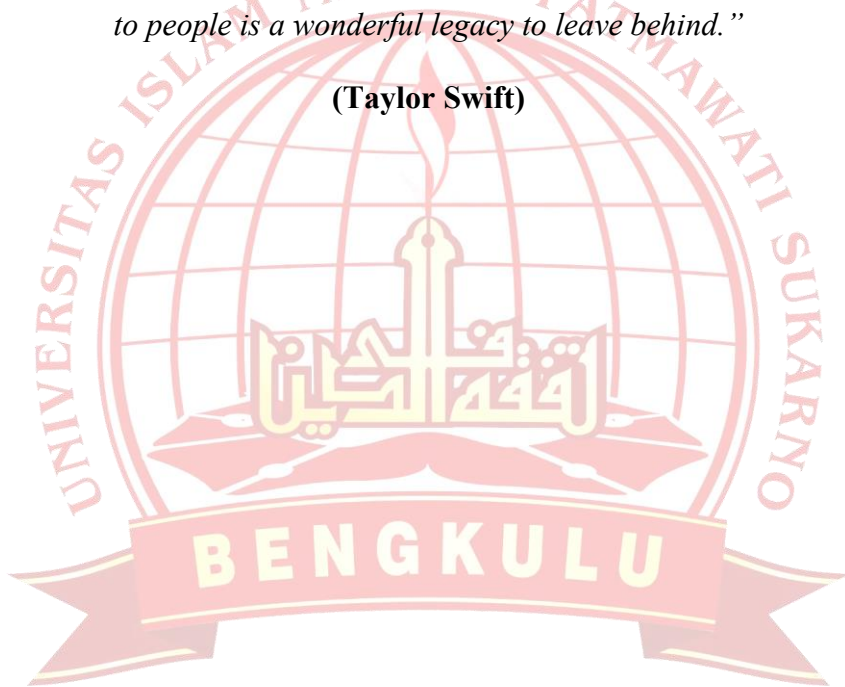
## **Motto**

*“Only to Allah do I ask and only to Allah do I ask for help.”*

**(Al- Fatihah: 5)**

*“No matter what happens in life, be good to people. Being good to people is a wonderful legacy to leave behind.”*

**(Taylor Swift)**



## DEDICATION

### **This thesis is dedicated to:**

1. Allah SWT for his blessing, His mercies, His Messenger and everything given to me.
2. My Special thanks to my beloved parents, mother (Heria Novita) and father (Ali Martinus), who became my greatest strength to complete my thesis who constantly always pray for me, always gives me spirit, support, and motivation, thanks for everything.
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## PRONOUNCEMENT

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I am here by sincerely state that the thesis entitled “**English Speaking Anxiety of English Study Program Students in UIN Fatmawati Sukarno Bengkulu**” is my really masterpiece. The things out of my masterpiece in this thesis are signed by citation and referred in the bibliography. If later proven that my thesis has discrepancies, I am willing to take academic in the form of repealing my thesis and academic degree.

Bengkulu 2023

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## ABSTRACT

**Andini Fadhilah Utari, 2023 English Speaking Anxiety of English Study Program Students in UIN Fatmawati Sukarno Bengkulu.** English Department Student Thesis. Faculty of Tarbiyah and Tadris, UIN Fatmawati Sukarno Bengkulu.

Advisor

1. Dr. Ali Akbarjono, S.Ag., S.Hum., M.Pd
2. Andriadi, M.A

Anxiety is a person's subjective feelings in the form of tension, fear, nervousness and worry. In speaking English, there are several factors that cause anxiety. This anxiety can affect self-confidence, speaking performance, and shift their focus in speaking. This research aims to find out what factors' causes and the level of English Speaking Anxiety in English Language Study Program Students at UIN Fatmawati Sukarno Bengkulu. This research uses a mixed methods approach. The population of this study were 6th semester students majoring in English at UIN FAS Bengkulu for the 2022/2023 academic year. Data taken were 40 students as samples. The sampling technique used in this research is Random Sampling. Data collection was carried out using a questionnaire in the form of 20 questions. The data obtained is explained using a percentage to measure anxiety levels. The research results showed that 53.3% of English students at sixth semester in UIN FAS Bengkulu gave negative responses to the questionnaire. The data also shows that 55% of students have "anxious" levels of anxiety. Based on data analysis, the percentage of the anxiety factor is 66.7% with a level of "very anxious". The second rank is fear of

negative evaluation with a percentage of 46.2% with a "relaxed" level of anxiety. The third rank is communicative concerns with a percentage of 35% with "anxious" level of anxiety.

**Keywords:** Anxiety Factor, English Speaking



## ABSTRAK

**Andini Fadhilah Utari, 2023 Kecemasan Berbicara dalam Bahasa Inggris Pada Mahasiswa Tadris Bahasa Inggris UIN Fatmawati Sukarno Bengkulu** Skripsi Tadris Bahasa Inggris. Fakultas Tarbiyah dan Tadris, UIN Fatmawati Sukarno Bengkulu.

### Advisors

1. Dr. Ali Akbarjono, S.Ag., S.Hum., M.Pd
2. Andriadi, M.A

Kecemasan adalah perasaan subjektif seseorang berupa ketegangan, ketakutan, kegugupan, dan kekhawatiran. Dalam berbicara bahasa Inggris, ada beberapa faktor yang menyebabkan kecemasan. Kecemasan tersebut dapat mempengaruhi kepercayaan diri, kinerja berbicara, dan mengalihkan fokus mereka dalam berbicara. Penelitian ini bertujuan untuk mengetahui faktor apa saja yang mempengaruhi English Speaking Anxiety pada Mahasiswa Program Studi Bahasa Inggris UIN Fatmawati Sukarno Bengkulu. Penelitian ini menggunakan pendekatan metode campuran. Populasi penelitian ini adalah mahasiswa semester 6 jurusan Bahasa Inggris UIN FAS Bengkulu tahun ajaran 2022/2023. Data yang diambil sebanyak 40 siswa sebagai sampel. Teknik pengambilan sampel yang digunakan dalam penelitian ini adalah Random Sampling. Pengumpulan data dilakukan dengan menggunakan kuesioner berupa 20 pertanyaan. Data yang diperoleh dijelaskan dengan menggunakan rumus persentase untuk mengukur tingkat kecemasan. Hasil penelitian menunjukkan bahwa 53,3% mahasiswa Bahasa Inggris semester enam program studi Bahasa Inggris UIN FAS Bengkulu memberikan tanggapan negatif terhadap kuesioner. Data tersebut juga menunjukkan bahwa 55% siswa memiliki tingkat kecemasan “tinggi”. Berdasarkan analisis data jumlah presentase pada factor kecemasan yaitu 66,7% dengan tingkat “sangat cemas”. Peringkat kedua adalah ketakutan akan evaluasi negatif dengan persentase 46,2% dengan tingkat kecemasan “menengah”. Peringkat ketiga adalah kekhawatiran komunikatif dengan persentase 35% dengan tingkat kecemasan “tinggi”.

**Keyword:** Faktor Kecemasan, English Speaking



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