

**THE TEACHERS' STRATEGIES REDUCING STUDENTS'
ANXIETY IN STUDENTS' SPEAKING SKILLS
THROUGH OUTDOOR LEARNING ACTIVITY"**

(A Case study of English teachers at SMP IT Khairunnas 2023/2024)

T H E S I S

Submitted as a Partial Requirements for the degree Sarjana
Pendidikan (S.Pd) in English Study Program



BY:

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**ENGLISH EDUCATION STUDY PROGRAM
DEPARTMENT OF LANGUAGE EDUCATION
TARBIYAH AND TADRIS FACULTY
UIN FATMAWATI SUKARNO BENGKULU
2024**

The Teachers' Strategies Reducing Students' Anxiety in Students' Speaking Skills through Outdoor Learning Activity"

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THESIS

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Faculty : Tarbiyah and Tadris

I hereby sincerely state taht the thesis entitled "**The Teachers' Strategies Reduces Students' Anxiety in Studençs' Speaking Skills through Outdoor Learning Activity**", is my really masterpiece. The things out of my masterpiece in this thesis are signed by citation and reffered in the bibliography. If later proven that my thesis has discrepancies, I am willing to take academic inthe form of repealing my thesis and academic degree.

Bengkulu 2023

Stated by,




Rindi Antika Ritonga
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Assalamu'alaikum Wr. Wb

After reading throughly and giving necessary advices,
herewith, as the advisors, we state that the thesis of :

Name : Rindi Antika Ritonga
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Title : The Teachers' Strategies Reducing Students' Anxiety
in Students' Speaking Skills through Outdoor
Learning Activity

Has already fulfilled the requirements to be presented
before the examiners in the thesis exam. Thank you for the
attention.

Wassalamu'alaikum Wr. Wb

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RATIFICATION

This is to certify the thesis entitled **“The Teachers' Strategies Reducing Students' Anxiety in Students' Speaking Skills through Outdoor Learning Activity)”** by Rindi Antika Ritonga, NIM: 1911230080

Has been defended in front of the Thesis Examiners Board of the Faculty of Tarbiyah and Tadris UIN FAS Bengkulu on Tuesday, 23 January 2024, and has been approved by the board of Thesis Examiners as the requirement for degree of Sarjana in English Education Program.

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MOTTO

“Allah tidak membebani seseorang melainkan sesuai dengan kesanggupannya. (QS. Al Baqarah: 286)

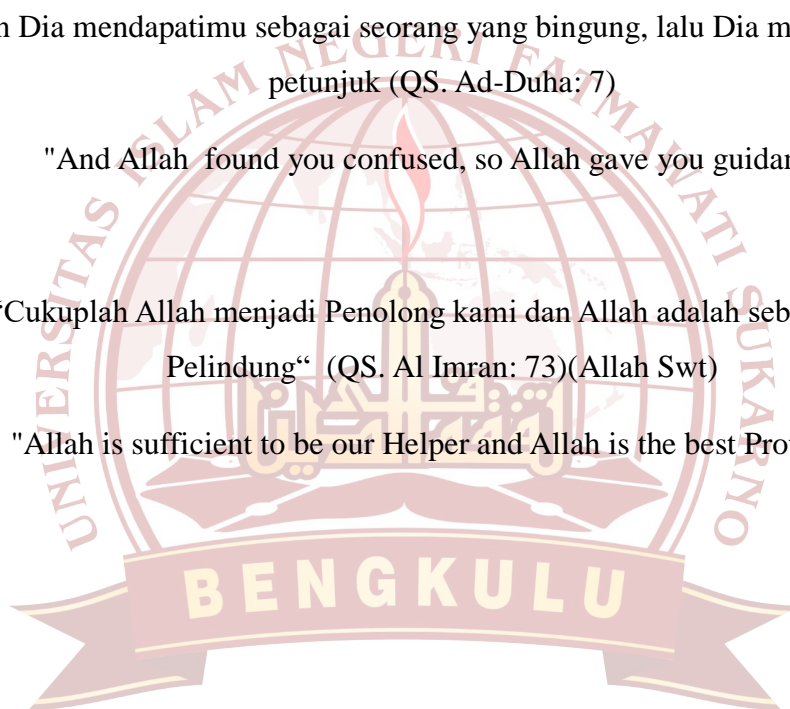
"Allah does not burden a soul beyond that it can bear"

Dan Dia mendapatimu sebagai seorang yang bingung, lalu Dia memberikan petunjuk (QS. Ad-Duha: 7)

"And Allah found you confused, so Allah gave you guidance"

“Cukuplah Allah menjadi Penolong kami dan Allah adalah sebaik-baik Pelindung“ (QS. Al Imran: 73)(Allah Swt)

"Allah is sufficient to be our Helper and Allah is the best Protector"



DEDICATION

Bismillahirrohmanirrohim

In the name of Allah SWT. the most gracious and most merciful. All praises to him who has giving all the goodness in my life. Shalawat and salam to our prophet Muhammad SAW, his family, and friends.

This thesis was dedicated to:

- Feeling grateful to Allah SWT for all the pleasure, strength, patience in living life.
- My beloved parents, Akhmad Muktar Ritonga and Nur Asia Sagala , whom I love and respect with all my heart, thank you very much for your prayers, patience advice, support, and hard work to ensure the success of my education and moral upbringing.
- To my beloved siblings, Khoirul Ritonga and Erni Lestari Ritonga even though you are no longer with us, I will always remember you forever, and thank you for providing me with good advice and support.
- To my beloved big Family, whom I cherish and hold dear, thank you for you all support and advice in everything that has been good for me.
- My Supervisor I, Dr. Syamsul Rizal,MPd, and My Supervisor II, Andriadi M.A, who had given the guidance until this thesis finished. Thank you very much for your suggestions, corrections, and ideas during the process of writing this thesis.
- My besties, Jesyca Diorica,Rafika Putri and All friends Junior high school, who always support me from start until now, more than words to show my feel.Thank you for bringing the pieces of heaven in my life.
- To myself, thank you for being patient and not giving up. Thank you for persevering until now. You are amazing and extraordinary.

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Thanks to Allah, the Almighty, the Sovereign of the universe, the Judge of the day of judgment, for his abundant blessings and mercies, the researcher has successfully completed the thesis titled "**The Teachers' Strategies Reducing Students' Anxiety in Students' Speaking Skills through Outdoor Learning Activity**" (A Case Study of teachers' at SMP IT KHAIRUNNAS Kota Bengkulu in academic year 2023/2024) " May peace and blessings be upon prophet Muhammad SAW, the esteemed leader and a source of inspiration for global change. The researcher acknowledges that this thesis would not have been possible without the valuable assistance, support, and guidance from various individuals. Therefore, the researcher extends her heartfelt gratitude to all those who contributed during the thesis writing process. Special thanks go to:

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2. Dr. Mus Mulyadi, M.Pd as the Dean of Faculty Tarbiyah and Tadris UIN Fatmawati Sukarno Bengkulu.
3. M.Hidayaturrahman,M.Pd.I , as the Head to Tadris Departement of UIN Fatmawati Sukarno Bengkulu.
4. Feny Martina, M.Pd as the head of Program Study English Education.
5. Dr.Syamsul Rizal.M.Pd as the first advisor for his guidance, precious advices, and motivation for the researcher.

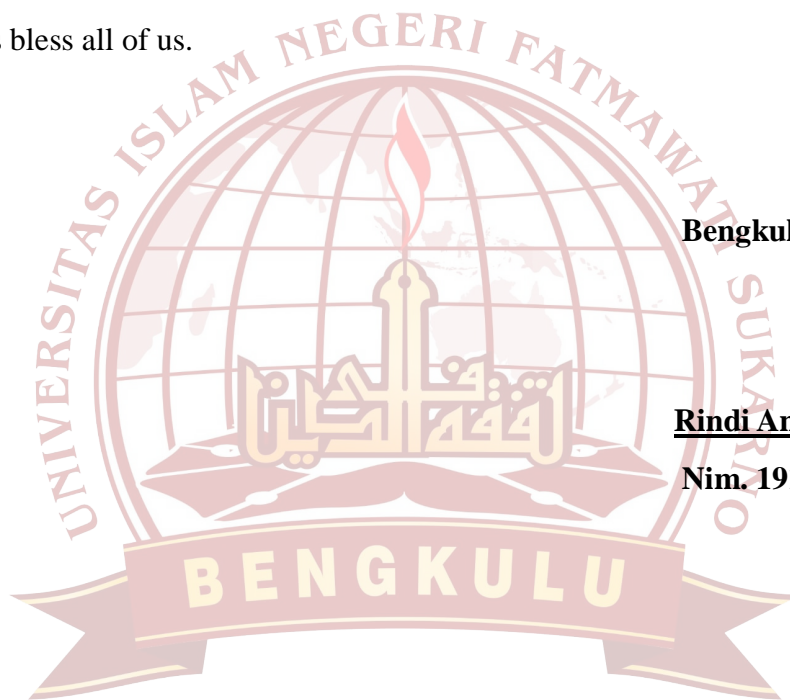
6. Andriadi M,A. as the second advisor for her precious advices, corrections and help to revise the mistake during the entire process of writing this thesis.

The researcher realizes that her study was still far from being perfect. So, the researcher expected suggestions and comments from all of the readers or others researcher who want to learn about this study. May Allah the most almighty always bless all of us.

Bengkulu, 2024

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ABSTRACT

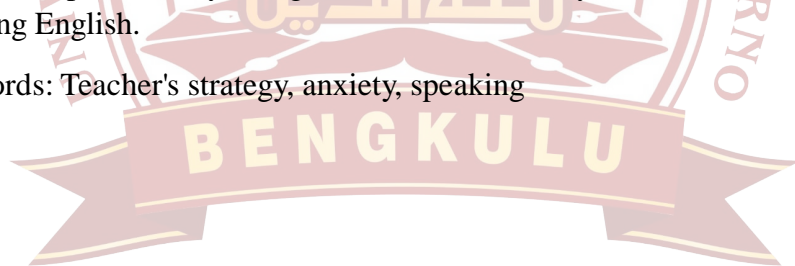
Rindi Antika Ritonga , SRN: 1911230080. The Teachers' Strategies Reducing Students' Anxiety in Students' Speaking Skills through Outdoor Learning Activity.

Advisor I: Dr.Syamsul Rizal,M.Pd

Advisor II: Andriadi ,M,A

This research aims to understand teachers' strategies in reducing students' anxiety in speaking skills through outdoor learning activities. The qualitative method is used in this research. The population of this study is the English teachers at SMP IT Khairunnas with a sample size of 2 individuals. The findings indicate that there are two strategies employed by teachers to reduce students' anxiety in speaking skills: vocabulary input and video assignments. However, the students' vocabulary remains significantly lacking. Through vocabulary input, students can expand their word bank, reducing anxiety when speaking English due to a lack of vocabulary. Students who lack confidence in presenting in front of the class are tasked with creating videos, enabling them to perform as well as possible. Teachers provide outdoor learning activities to alleviate students' anxiety in speaking English by tailoring the teaching to their needs and conditions, utilizing teaching media appropriate to their needs and abilities. Through methods like field trips and storytelling, teachers successfully diminish students' anxiety in speaking English.

Keywords: Teacher's strategy, anxiety, speaking



ABSTRAK

Rindi Antika Ritonga , SRN: 1911230080. The Teachers' Strategies Reducing Students' Anxiety in Students' Speaking Skills through Outdoor Learning Activity.

Advisor I: Dr.Syamsul Rizal,M.Pd

Advisor II: Andriadi ,M,A

Penelitian ini bertujuan untuk mengetahui strategi guru mengurangi kecemasan siswa dalam keterampilan berbicara melalui kegiatan pembelajaran di luar ruangan. Penelitian ini menggunakan metode kualitatif. Populasi penelitian ini adalah guru bahasa Inggris SMP IT Khairunnas dengan sampel sebanyak 2 orang. Hasil penelitian menunjukkan bahwa ada dua strategi guru mengurangi kecemasan siswa dalam keterampilan berbicara yaitu melalui setoran kosakata dan tugas video. Dimana kosakata yang dimiliki siswa masih sangat kurang. Melalui setoran kosakata siswa dapat menambah perbendaharaan kata yang dimiliki sehingga siswa tidak akan merasa cemas ketika berbicara bahasa Inggris dikarenakan kosakata yang kurang. Siswa yang belum percaya diri untuk tampil di depan kelas, dibebankan untuk membuat video, dengan tugas video ini siswa dapat sebaik mungkin. Guru memberikan aktivitas belajar di luar ruangan untuk mengurangi kecemasan siswa dalam berbicara bahasa Inggris dengan memberikan pembelajaran sesuai dengan kebutuhan dan kondisi siswa, menggunakan media pembelajaran sesuai dengan kebutuhan dan kemampuan siswa. Melalui metode field trip dan story telling siswa, guru mampu mengurangi kecemasan siswa dalam berbicara bahasa Inggris.

Kata Kunci : Strategi guru, kecemasan, berbicara

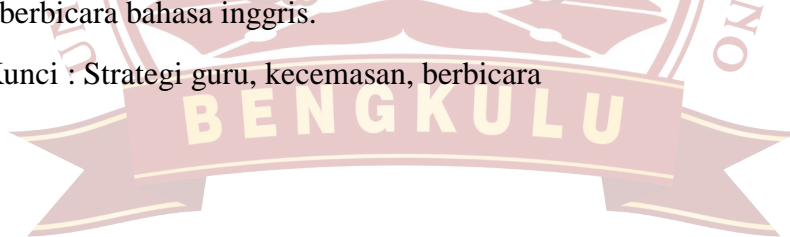


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Sk Seminar Proposal

Pengesahan Penyeminar Proposal Skripsi

Surat Penunjukan

Surat Permohonan Izin Penelitian

Surat Keterangan Selesai Penelitian

SK Ujian Kompre

Kartu Bimbingan

SK Sidang Munaqosah

Hasil Cek Plagiasi

