

**THE EFFECT OF METACOGNITIVE STRATEGIES ON  
STUDENT'S SPEAKING SKILLS  
(A Quasi-Experimental Study at IX Grade Students of  
SMPN 20 Bengkulu)**

**THESIS**

Submitted as a Partial Requirements for the Degree Sarjana  
Pendidikan (S.Pd) in English Study Program



**By:**

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**NIM 1911230121**

**ENGLISH LANGUAGE EDUCATION STUDY PROGRAM  
FAKULTY OF TARBIAH AND TADRIS  
UIN FATMAWATI SUKARNO BENGKULU  
2024 M / 1444 H**

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**Has fulfilled the requirements to be present before the examiner in the thesis exam. Thank you for the attention.**

*Wassalamu alaikum Wr. Wb*

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**RATIFICATION**

This is to certify the thesis entitled **“THE EFFECT OF METACOGNITIVE STRATEGIES ON STUDENTS’ SPEAKING SKILLS (A Quasi-Experimental Study at IX Grade students of SMP N 20 Kota Bengkulu)”** by **Siska Hartati** has been approved by the board of Thesis Examiners as the requirement for degree of **Sarjana** in English Education Program

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## MOTO

**“ Saat kita punya harapan, maka kita akan fokus mencapai tujuan  
hidup ”**



## DEDICATION

Alhamdulillah, thanks be to Allah SWT for giving me health and the opportunity to complete this thesis. In preparing this thesis, the author faced many obstacles and obstacles, but in the end he was able to get through it thanks to guidance and assistance from various parties, both morally and spiritually. For this reason, on this occasion the researcher would like to express his thanks to:

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7. My beloved almamater UINFAS bengkulu

Finally, the researcher realizes that this research still has many shortcomings, therefore the author hopes for suggestions and constructive criticism in writing this thesis. Hopefully this

final assignment report can be useful for readers and the development of science.



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Bengkulu, September 2023

The writer,

Siska Hartati





## LIST OF CONTENTS

<b>COVER .....</b>	<b>i</b>
<b>PRONOUNCEMENT.....</b>	<b>ii</b>
<b>RATIFICATION .....</b>	<b>iii</b>
<b>ADVISOR SHEET .....</b>	<b>iv</b>
<b>MOTO .....</b>	<b>v</b>
<b>DEDICATION .....</b>	<b>vi</b>
<b>ACKNOWLEDGEMENT .....</b>	<b>ix</b>
<b>ABSTRACT .....</b>	<b>xi</b>
<b>ABSTRAK .....</b>	<b>xiii</b>
<b>TABLE OF CONTENTS .....</b>	<b>xv</b>
<b>LIST OF TABLES .....</b>	<b>xvii</b>
<b>LIST OF FIGURES .....</b>	<b>xviii</b>
<b>CHAPTER I INTRODUCTION .....</b>	<b>1</b>
A. Background of the Study .....	1
B. Identification of problems .....	7
1. Limitation of the problem .....	8
2. The Research question .....	8
C. The Research Objective .....	9
1. The Signification of study .....	9
2. Definition of Key Terms .....	11
<b>CHAPTER II LITERATURE REVIEW .....</b>	<b>13</b>
A. Theory Description .....	13
1. Speaking Skills .....	13
2. Component of Speaking Skill .....	17
3. Students' Difficulties in Learning English Speaking Skills .....	20
B. Metacognitive .....	25
1. Metacognitive Strategy .....	27
2. Metacognitive Strategy Steps .....	30
3. Relationship of Metacognitive Learning Strategies With English Learning Outcomes .....	34
4. Nature of Learning Outcomes .....	36
C. Previous of the Studies .....	38
1. Hypothesis .....	49
<b>CHAPTER III RESEARCH METHODS .....</b>	<b>51</b>
A. Research Design .....	51
B. Population and Sample .....	53

C. Research Instruments .....	56
D. Data Collection Procedures .....	59
E. Research procedure .....	60
F. Technique of Analysis Data .....	66
G. Hypotheses Testing .....	69
<b>CHAPTER IV RESULT AND DISCUSSION .....</b>	<b>71</b>
A. Research Results .....	71
B. Data Description .....	72
C. Data Analysis .....	85
D. Discussion .....	111
<b>CHAPTER V CONCLUSION .....</b>	<b>121</b>
A. Conclusion .....	121
B. Suggestion .....	126
<b>REFERENCE</b>	

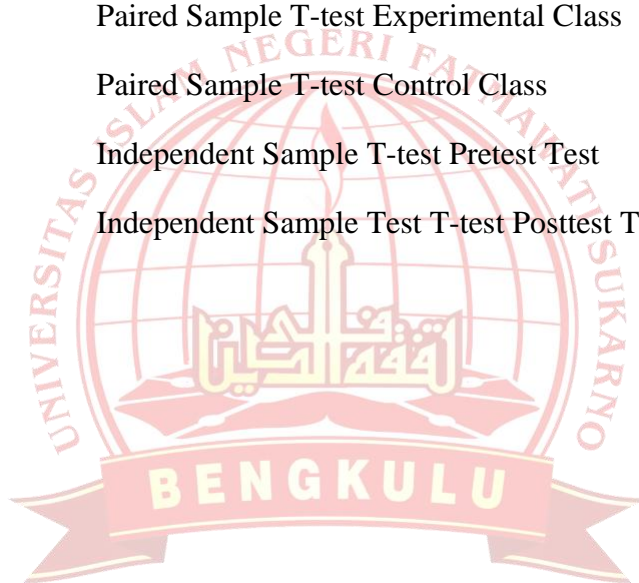


## LIST OF TABLES

<b>Table</b>	<b>Title</b>	<b>Page</b>
3.1	Population Of The Research	54
3.2	Sample Of The Research	56
3.3	The Category Of The Students Speaking Skill	57
4.1	Experimental And Control Class Test Results	85
4.2	Pre-Test Normality Test	90
4.3	Posttest Normality Test	92
4.4	Pretest Homogeneity Test	95
4.5	Posttest Homogeneity Test	96
4.6	Paired Sample T-Test Experimental Class	98
4.7	Paired Sample T-Test Control Class Test	101
4.8	Independent Sample T-Test Pretest Test	105
4.9	Independent Sample T-Test Posttest Test	108

## LIST OF FIGURES

Figure	Title	Page
4.1	Number of Respondents	88
4.2	Respondent's Gender	89
4.3	Pre-test normality test	91
4.4	Post-test normality test	93
4.5	Paired Sample T-test Experimental Class	100
4.6	Paired Sample T-test Control Class	103
4.7	Independent Sample T-test Pretest Test	107
4.8	Independent Sample Test T-test Posttest Test	110





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### **ABSTRACT**

This research aims to determine the effectiveness of metacognitive strategies in students' speaking abilities in looking at the speaking quality of ninth grade students at SMP Negeri 20 Bengkulu. This research uses a quasi-experimental method, where the population is ninth grade students in the first semester. The total population is 232 students divided into 8 Meanwhile, the sample was taken using purposive sampling, the sample was taken based on the average value of the class, the same number of students in the class and an even distribution of both male and female students, the sample was 61 students in two classes, each class numbering 30 and 31 students The data in this research was obtained or obtained using a speaking test and in its implementation using topics contained in the applicable and implemented by teachers at the school. Next, the first test, namely the pretest, is carried out using the oral or question and answer method using certain criteria, in the form of: pronunciation, grammar, vocabulary, fluency, understanding. After carrying out the pre-test, students in both classes were given learning before finally carrying out the post-test using the same method. The first test was carried out to obtain normality values for the two variables which showed that the significance value in the pretest normality test was  $0.230 > 0.05$ , which means the data had a residue above normal. Likewise with the normality test on posttest data where the significance value on the posttest normality test is  $0.115 > 0.05$ , which means the data above has a normal residual. After carrying out the normality test, a homogeneity test is then carried out to see whether the two variables studied are homogeneous or not. Where the significance in the pretest homogeneity test is  $0.563 > 0.05$ , which means the data above is homogeneous or the same. with a homogeneity test on the posttest where the significance value on the posttest homogeneity test is  $0.130 > 0.05$ , which means the data above is homogeneous or the same. Next is the Paired Sample T-test test

method where in the experimental class there is a significance value (2-tailed) of  $0.000 < 0.05$  which states that the  $H_A$  or Alternative Hypothesis is accepted and the  $H_0$  or Null Hypothesis is rejected, which concludes that the results of the paired sample t test are the effectiveness of the experimental class in learning to improve speaking skills through metacognitive in grade 9 students of SMP N 20 Bengkulu.

***Keywords : Metacognitive strategies, speaking skill***



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### **ABSTRAK**

Penelitian ini bertujuan untuk mengetahui keefektifan strategi metakognitif dalam kemampuan berbicara siswa dalam melihat kualitas berbicara siswa kelas sembilan SMP Negeri 20 Bengkulu Penelitian ini menggunakan metoda quasi-experimen, dimana populasinya adalah siswa kelas sembilan pada semester pertama Jumlah populasinya adalah 232 orang siswa yang terbagi dalam 8 kelas Sedangkan pengambilan sample dengan menggunakan purposive sampling, sample diambil berdasarkan nilai rata-rata kelas, jumlah siswa yang sama dikelas dan meratanya siswa baik laki-laki dan perempuan, sampelnya adalah 61 orang siswa dalam dua kelas yang masing- masing kelas berjumlah 30 dan 31 orang siswa Data dalam penelitian ini diperoleh atau didapat dengan menggunakan tes berbicara dan dalam pelaksanaannya menggunakan topik yang terdapat dalam yang berlaku dan dilaksanakan oleh guru disekolah tersebut. Selanjutnya tes pertama yaitu pretest dilaksanakan dengan metode lisan atau tanya jawab dengan menggunakan kriteria tertentu, berupa: pengucapan, tata bahasa, kosa kata, kelancaran, pemahaman. Setelah melaksanakan pre-test, siswa pada kedua kelas diberikan pembelajaran sebelum akhirnya melaksanakan post-test dengan menggunakan metode yang sama. Uji pertama dilakukan untuk memperoleh nilai normalitas kedua variabel yang menunjukkan bahwa nilai signifikansi pada uji normalitas pretest adalah  $0,230 > 0,05$  yang berarti data mempunyai residu diatas normal. Begitu pula dengan uji normalitas pada data posttest dimana nilai signifikansi pada uji normalitas posttest sebesar  $0,115 > 0,05$  yang berarti data diatas mempunyai residual yang normal. Setelah melakukan uji normalitas, selanjutnya dilakukan uji homogenitas untuk melihat apakah kedua variabel yang diteliti homogen atau tidak. Dimana signifikansi pada uji homogenitas pretest sebesar  $0,563 > 0,05$  yang berarti data diatas homogen atau sama. dengan uji homogenitas pada posttest dimana nilai signifikansi pada uji homogenitas posttest sebesar

0,130 > 0,05 yang berarti data diatas homogen atau sama. Berikutnya adalah metode uji Paired Sample T-test dimana pada kelas eksperimen terdapat nilai signifikansi (2-tailed) sebesar  $0,000 < 0,05$  yang menyatakan  $H_A$  atau Hipotesis Alternatif diterima dan  $H_0$  atau Hipotesis Null ditolak, yang menyimpulkan bahwa hasil uji berpasangan sampel t adalah keefektifan kelas eksperimen dalam pembelajaran Peningkatan Keterampilan Berbicara melalui Metakognisi pada siswa kelas 9 SMP N 20 Bengkulu.

***Kata Kunci : Strategi metakognitif, keterampilan berbicara***

