

**ANXIETY AND RETICENCE IN ORAL
ENGLISH COMMUNICATION**

*(A Study at the 4th Semester Students English Department
of Fatmawati Sukarno State Islamic University of
Bengkulu in Academic Year 2023/2024)*



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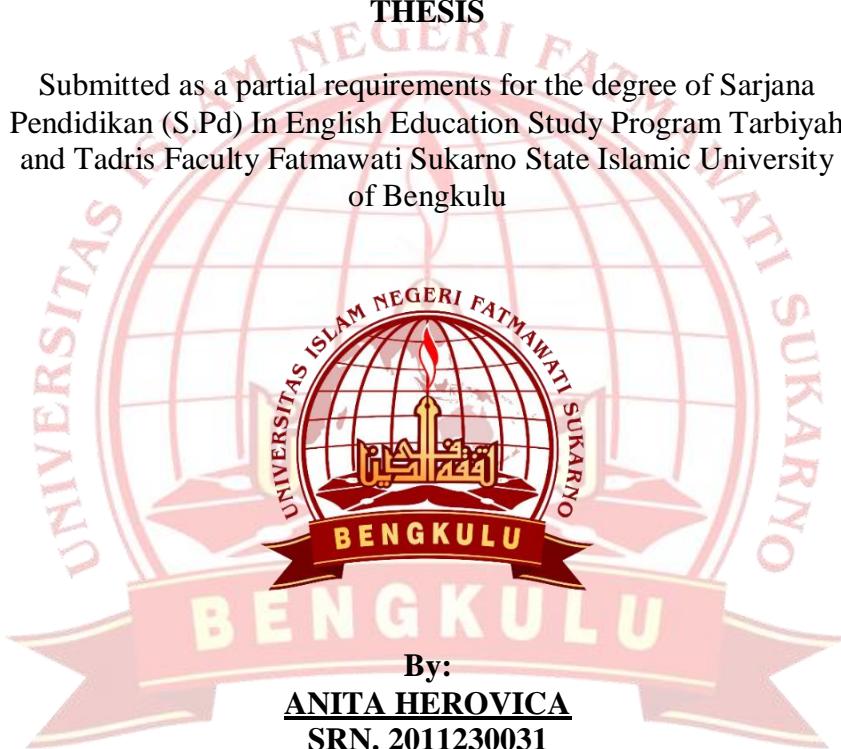
**ENGLISH EDUCATION STUDY PROGRAM
TARBIYAH AND TADRIS FACULTY
FATMAWATI SUKARNO STATE ISLAMIC UNIVERSITY
BENGKULU
2024**

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THESIS

Submitted as a partial requirements for the degree of Sarjana Pendidikan (S.Pd) In English Education Study Program Tarbiyah and Tadris Faculty Fatmawati Sukarno State Islamic University of Bengkulu



**ENGLISH EDUCATION STUDY PROGRAM
TARBIYAH AND TADRIS FACULTY
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RATIFICATION

This is to certify the thesis entitled "**Anxiety and Reticence in Oral English Communication (A Study at the Fourth Semester Students of English Department of Fatmawati Sukarno State Islamic University of Bengkulu in Academic Year 2023/2024)**" by **Anita Herovica** has been approved by the board of Thesis Examiners as the requirement for degree of *Sarjana* in English Education Program.

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Has fulfilled the requirements to be present before the examiners in
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I hereby sincerely state that the thesis titled "**Anxiety and Reticence in Oral English Communication (A Study At The 4th Semester Students English Department Of Fatmawati Sukarno State Islamic University Of Bengkulu In Academic Year 2023/2024)**" is my real masterpiece. The things out of my masterpiece in this thesis are signed by citation and referred in the bibliography. If later proven that my thesis has discrepancies, I am willing to take academic sanctions in the form of repealing my thesis and academic degree.

Bengkulu, 16 Juni 2024

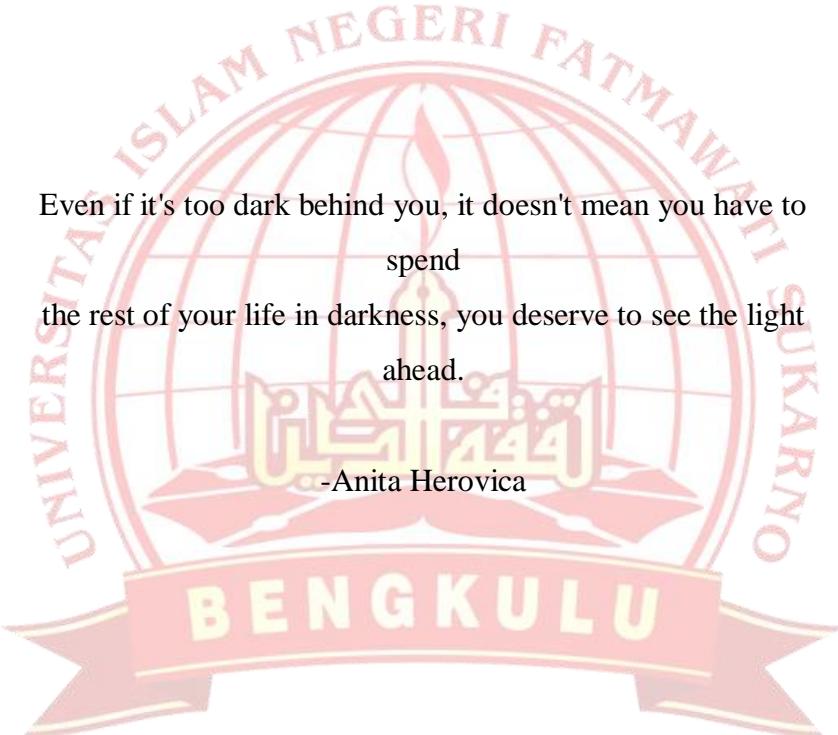
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MOTTO

Dan Dia mendapatimu sebagai seorang yang bingung,
lalu Dia memberikan petunjuk.

(Q.S Ad-Duha: 7)



Even if it's too dark behind you, it doesn't mean you have to
spend
the rest of your life in darkness, you deserve to see the light
ahead.
-Anita Herovica

DEDICATION

The researcher with gratitude and all the love, this thesis dedicated to:

1. My Greatest God, Allah SWT. There are no words to describe how grateful I am for all the mercy, miracles, patience and all the opportunities you have given to me and I am nothing without you in this world.
2. My beloved Parents, Mr. Eron Rustandi A.Md and Mrs. Eka Fitri Suarni. All my gratitude is not enough to show how much you mean to me and all your love, advice, direction are the greatest gift in my every breath.
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7. All of staff administrations of Tarbiyah and Tadris Faculty of Fatmawati Sukarno State Islamic University of Bengkulu

Altogether, the researcher realizes that this thesis is far from perfect but hopefully this thesis can be useful for all parties.

Therefore, the researcher is welcomes to receive constructive criticism and suggestions.

Bengkulu, 2024

The Researcher

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ABSTRACT

Anita Herovica, 2024. Anxiety and Reticence in Oral English Communication (A Study at the 4th Semester Students English Department of Fatmawati Sukarno State Islamic University of Bengkulu in Academic Year 2023/2024).

Advisor 1: Prof. Riswanto, M.Pd, Ph.D

Advisor 2: Endang Haryanto, M.Pd

The purpose of this study is to investigate students' anxiety levels and identify the factors of anxiety and reticence experienced by English language students in speaking. The researcher took 4th semester students from the English department at Fatmawati Sukarno State Islamic University of Bengkulu in 2023/2024 academic year. This research used mixed method with explanatory sequential design. In this study, the first instrument used was the Foreign Language Anxiety Scale questionnaire (FLAS) by Horwitz et al. (1986) which consists of 33 items with a 5 point Likert scale. The second instrument used was semi-structured interview with 4 students selected by the information obtained. The results showed that 50% which amounted to 9 students experienced high level of anxiety, 22% at moderate level of anxiety which was 4 students, and the other 5 students at low anxiety level. The interview results revealed that the factors of anxiety are insecurity, fear of making mistakes, Lack of English proficiency, scared of lecturer evaluation, fear of being ridiculed. Meanwhile, the factors behind students' speaking reluctance are knowledge, delivery ability, and personal factor.

Key words: *Anxiety, Reticence, Speaking.*

ABSTRAK

Anita Herovica, 2024. Anxiety and Reticence in Oral English Communication (A Study at the 4th Semester Students English Department of Fatmawati Sukarno State Islamic University of Bengkulu in Academic Year 2023/2024).

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Tujuan dari penelitian ini adalah untuk mengetahui tingkat kecemasan mahasiswa dan mengidentifikasi faktor-faktor kecemasan dan sikap diam yang dialami oleh mahasiswa bahasa Inggris dalam berbicara. Peneliti mengambil sampel mahasiswa semester 4 dari jurusan Bahasa Inggris di Universitas Islam Negeri Fatmawati Sukarno Bengkulu pada tahun ajaran 2023/2024. Penelitian ini menggunakan metode campuran dengan desain sekvensial eksplanatori. Dalam penelitian ini, instrumen pertama yang digunakan adalah kuesioner Foreign Language Anxiety Scale (FLAS) oleh Horwitz dkk. (1986) yang terdiri dari 33 butir pertanyaan dengan skala Likert 5 poin. Instrumen kedua yang digunakan adalah wawancara semi-terstruktur dengan 4 siswa yang dipilih berdasarkan informasi yang diperoleh. Hasil penelitian menunjukkan bahwa 50% yaitu sebanyak 9 mahasiswa mengalami tingkat kecemasan yang tinggi, 22% pada tingkat kecemasan sedang yaitu sebanyak 4 mahasiswa, dan 5 mahasiswa lainnya pada tingkat kecemasan rendah. Hasil wawancara mengungkapkan bahwa faktor penyebab kecemasan adalah rasa tidak percaya diri, takut melakukan kesalahan, kurangnya kemampuan berbahasa Inggris, takut akan penilaian dosen, takut diejek. Sementara itu, faktor yang melatarbelakangi keengganan mahasiswa untuk berbicara adalah pengetahuan, kemampuan penyampaian, dan faktor pribadi.

Kata Kunci: *Anxiety, Reticence, Speaking.*

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