# THE EFFECT OF VARK (VISUAL AUDITORY READ/WRITE KINESTHETIC) STRATEGY TOWARD STUDENTS' READING COMPREHENSION

# (A Quasi Experimental at Second Grade Students' of SMAN 3 Kota Bengkulu)



By:

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ENGLISH EDUCATION STUDY PROGRAM DEPARTMENT OF LANGUAGE EDUCATION TARBIYAH AND TADRIS FACULTY UIN FATMAWATI SUKARNO BENGKULU 2025

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### THESIS

Submitted as a partial requirements for the degree of Sarjana pendidikan (S.Pd) in English Education Study Program Tarbiyah and Tadris Faculty UIN Fatmawati Sukarno Bengkulu



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I hereby sincerely state that the thesis title "The Effect of VARK (Visual Auditory Read/Write and Kinesthetic) Strategy Toward Students' Reading Comprehension (A Quasi Experimental at Second Grade Students' Of SMAN 3 Kota Bengkulu" is real masterpiece. The things out of my masterpiece in this thesis are signed by citation and referred in the bibliography. If later proven that my thesis has discrepancies, I am willing to take the academic sanctions in the form of repealing my thesis and academic degree.

af GERI



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> After reading throught and giving necessary advice, herewith, as the advisors, we state that the thesis of :

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Has fulfiled the requirements to be present before the examiners in the thesis exam. Thank you for the attention.

Wassalamu'alaikum Wr.Wb

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RATIFICATION

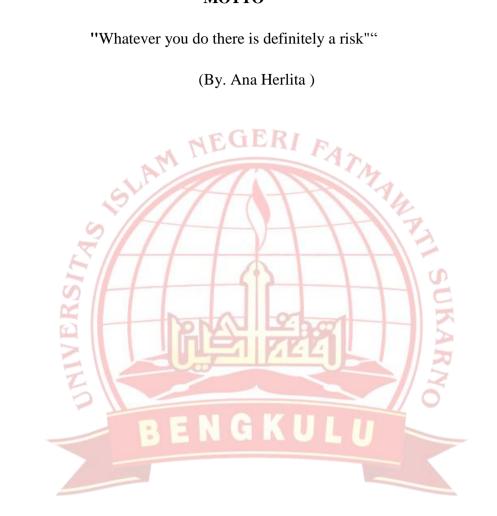
This is to certify the thesis entitled "THE EFFECT OF VARK (VISUAL AUDITORY READ/WRITE KINESTHETIC) STRATEGY TOWARD STUDENTS' READING COMPREHENSION (A Quasi Experimental at Second Grade Students' of SMAN 3 Kota Bengkulu)" by Ana Herlita has been approved by the board of Thesis Examiners as the reuquirement for degree of Sarjana in English Education Program.

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### ΜΟΤΤΟ

"Whatever you do there is definitely a risk""

(By. Ana Herlita)



#### DEDICATION

I dedicate this thesis to

1. I especially dedicate it to my beloved parents. My Sister and my mother Darya, have provided enormous prayers, support, love, and sacrifice. He has raised me patiently and sincerely from childhood until now and has always given me strength so that I can reach this There are no words that can describe my gratitude to Mom; I hope she is always healthy and happy.

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5. For my Advisors 1 and 2, thank you for giving support and motivation to me.

6. My alma mater, UINFAS Bengkulu, which has become an institution that that has changed my mindset, attitude, and personality.

#### ABSTRACT

Ana Herlita, NIM.1811230134. 2024, with the title "The Effect of VARK (Visual Auditory Read/write Kinesthetic) Strategy Toward Students' Reading Comprehension (A Quasi Experimental at Second Grade Students' of SMAN 3 Kota Bengkulu)". English Language Education Study Program, Faculty of Tarbiyah and Tadris, UINFAS Bengkulu.

Advisor 1 : Fera Zasrianita, M. Pd.

Advisor 2 : Anita, M. Hum

This study aims to investigate the effect of the VARK (Visual, Auditory, Read/Write, Kinesthetic) learning strategy on students' reading comprehension in the second grade at SMAN 3 Kota Bengkulu. Reading is a vital skill for senior high school students, as it enhances their ability to acquire new knowledge, support ideas, and complete academic assignments. This study employs a quasi-experimental design with 68 students as participants. Class XI J was selected as the experimental group, receiving the VARK strategy, while class XI G was the control group, using convensional teaching methods. The results show a significant effect of the VARK strategy on students' reading comprehension, with a p-value of 0.000. These findings suggest that the VARK strategy can enhance reading comprehension by catering to different learning preferences, creating a more inclusive and effective learning environment.

Key words: Reading Comprehension, VARK (Visual Auditory Read/write Kinesthetic) Strategy

### ABSTRAK

Ana Herlita, NIM.1811230134. 2024, dengan judul "Pengaruh Strategi VARK (Visual Auditory Read/write Kinesthetic) Terhadap Pemahaman Membaca Siswa (Pada Quasi Eksperimen pada Siswa Kelas Dua SMAN 3 Kota Bengkulu)". Program Studi Pendidikan Bahasa Inggris Fakultas Tarbiyah dan Tadris UINFAS Bengkulu. Pembimbing 1 : Fera Zasrianita, M.Pd. Pembimbing 2 : Anita, M.Hum Penelitian ini bertujuan untuk mengetahui pengaruh strategi pembelajaran VARK (Visual, Read/Write, Kinesthetic) terhadap pemahaman Auditory. membaca siswa di kelas dua SMAN 3 Kota Bengkulu. Membaca merupakan keterampilan penting bagi siswa sekolah menengah pertama, karena dapat meningkatkan kemampuan mereka untuk memperoleh pengetahuan baru. mendukung ide. dan menyelesaikan tugas akademik. Penelitian ini menggunakan desain eksperimen semu dengan 68 siswa sebagai partisipan. Kelas XI J dipilih sebagai kelompok eksperimen dengan strategi VARK, sedangkan kelas XI G sebagai kelompok kontrol dengan menggunakan metode pengajaran konvensional. Hasilnva menunjukkan pengaruh yang signifikan strategi VARK terhadap pemahaman membaca siswa, dengan p-value sebesar 0,000. Temuan ini menunjukkan bahwa strategi VARK dapat meningkatkan pemahaman membaca dengan memenuhi preferensi pembelajaran yang berbeda, sehingga menciptakan lingkungan belajar yang lebih inklusif dan efektif.

Kata kunci: Pemahaman Membaca, Strategi VARK (Visual Auditory Read/write Kinesthetic).

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Bengkulu, Januari 2025

Written

Ana Herlita.

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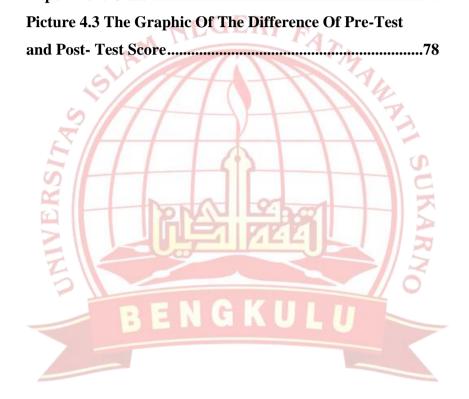
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