

AN ANALYSIS OF EFL STUDENTS' SPEAKING ANXIETY
(A qualitative Study in 3rd Semester English Education Study Program
Students' in State Islamic University of Fatmawati Soekarno
Bengkulu Academic Year 2023/2024)



Submitted by

FADLY HIDAYAT
SRN. 1811230047

ENGLISH EDUCATION STUDY PROGRAM
DEPARTMENT OF LANGUAGE EDUCATION
TARBIYAH AND TADRIS FACULTY
UIN FATMAWATI SUKARNO BENGKULU
2025

**AN ANALYSIS OF EFL STUDENTS' SPEAKING
ANXIETY (A qualitative Study in 3rd Semester English
Education Study Program Students' in State Islamic
University of Fatmawati Soekarno Bengkulu Academic
Year 2023/2024)**

THESIS

Submitted as a Partial Requirements for the Degree of *Sarjana Pendidikan* (S.Pd) in English Education Study Program



**ENGLISH EDUCATION STUDY PROGRAM
DEPARTMENT OF LANGUAGE EDUCATION
TARBIYAH AND TADRIS FACULTY
UIN FATMAWATI SUKARNO BENGKULU
2024**



KEMENTERIAN AGAMA REPUBLIK

INDONESIA

UNIVERSITAS ISLAM NEGERI

FATMAWATI SUKARNO BENGKULU

Jalan Raden Fatah Pagar Dewa Kota Bengkulu 38211

Telepon (0736) 51276-51171-53879 Faksimili (0736) 51171-51172

Website: www.uinfasbengkulu.ac.id

Subject : Fadly Hidayat
NIM : 1811230047

To : The Dean of Tarbiyah and Tadris Faculty UIN
Fatmawati Sukarno Bengkulu In Bengkulu

Assalamu'alaikum Wr.Wb

After reading through and giving necessary advice,
herewith, as the advisors, we state that the thesis of:

Name : Fadly Hidayat
NIM : 1811230047

Title : An Analysis of EFL Students' Speaking Anxiety (A qualitative study in 3rd semester English Education Study Program Students' in State Islamic University of Fatmawati Sukarno Bengkulu Academic Year 2023/2024)

Has fulfilled the requirements to be present before the examiners in the thesis exam. Thank you for the attention.

Wassalamu'alaikum Wr.Wb

First Advisor

Dr. Syamsul Rizal, M. Pd
NIP. 196901291999031001

Second Advisor

Dedi Efizal, M. Pd
NIP. 199012132020121008

December 2024

Department Heads
M.Hidayaturrahman, M.Pd.I
NIP. 197805202007101002



KEMENTERIAN AGAMA REPUBLIK

INDONESIA

UNIVERSITAS ISLAM NEGERI

FATMAWATI SUKARNO BENGKULU

Jalan Raden Fatah Pagar Dewa Kota Bengkulu 38211

Telp (0736) 51276-51171-53879 Faksimili (0736) 51171-51172

Website: www.uinsfasbengkulu.ac.id

This is to certify the thesis entitled "**An Analysis of EFL Students' Speaking Anxiety (A qualitative study in 3rd semester English department students' in State Islamic University Fatmawati Soekarno Bengkulu academic year 2023/2024)**". By Fadly Hidayat, NIM. 1811230047. Has been approved by the board of thesis Examiners as the requirement for degree of **Sarjana** in English Education Program

Chairman

M. Arif Rahman Hakim, Ph.D

NIP. 199012152015031007

Secretary

Yashori Revola, M.Pd

NIP. 199008032023211015

Examiner I

Fera Zasrianita, M.Pd

NIP. 197902172009122003

Examiner II

Hanura Febriani, M.Pd

NIP. 199002142020122004

Bengkulu, February 2025

Approved by

Dean of Tarbiyah and Tadris Faculty

Dr. Mus Mulyadi, M.Pd

NIP. 197005142000031004

MOTTO

*“Aku tidak takut sesuatu hilang dari padaku karena aku tahu
selain takdirku maka tidak akan pernah menjadi milikku”*

(Umar Bin Khattab)



DEDICATION

With gratitude and all my love, this thesis dedicated to:

1. Both of my beloved parents, Mr. Suryadi and Mrs. Siti Asmidah. How can I show you how grateful I am? I wouldn't be able to get to this point without you. My gratitude know no bounds.
2. My supervisor I, Dr. Syamsul Rizal, M. Pd and supervisor II, Dedi Efrizal, M. Pd. Thank you very much for your suggestions, corrections and your ideas during of process writing this thesis.
3. All English lecturers and administration staffs of Islamic University of Fatmawati Sukarno Bengkulu, especially in English education Study Program. Thank you for everything you gave to me.
4. My beloved almamater UINFAS Bengkulu.
5. Last but not least, I wanna thanks to me.

PRONOUNCEMENT

I have been marked below :

Name : Fadly Hidayat
NIM : 1811230047
Study program : Pendidikan Bahasa Inggris
Faculty : Tarbiyah dan Tadris

I hereby sincerely state that the thesis entitled "**AN ANALYSIS OF EFL STUDENTS' SPEAKING ANXIETY (A qualitative Study in 3rd Semester English Education Study Program Students' in State Islamic University of Fatmawati Soekarno Bengkulu Academic Year 2023/2024)**" is my real masterpiece. The things out of my masterpiece in this thesis are signed by citation and referred in the bibliography. If afterproven that my thesis has discrepancies, I am willing to take academics sanctions in the form of repealing my thesis and academic degree.

Bengkulu,

2025



Fadly Hidayat
NIM. 1811230047

ACKNOWLEDGEMENT

Alhamdulillah, all praises be to Allah, the One and Only, the Lord of the Universe, the Master the day of Decision, for all benefits and kindness that have enabled the researcher to submit a study proposal titled: “AN ANALYSIS OF EFL STUDENTS’ SPEAKING ANXIETY (A qualitative study in 3rd semester English department students’ in State Islamic Univesity Fatmawati Soekarno Bengkulu Academic Year 2023/2024)”. Peace given unto Prophet Muhammad SAW, as great leader and source of motivation for the revolutionary movement.

The researcher is certain this idea would not have been accomplished without such assistance, encouragement, and thoughts of many people. As a result, the researcher would like to extend her heartfelt gratitude to everyone who assisted, encouraged, and advised her throughout the process of making this proposal. This is for:

1. Prof. Dr. H. Zulkarnain, M.Pd, as the Rector of UIN Fatmawati Sukarno Bengkulu;
2. Dr. Mus Mulyadi, M.Pd, as the Dean of Faculty of Tarbiyah and Tadris UIN Fatmawati Sukarno Bengkulu;
3. M. Hidayaturrahman, M.Pd, as the head to Language Education of UIN Fatmawati Sukarno Bengkulu;
4. Hanura Febriani, M.Pd, as the Head of Study Program of English Education of UIN Fatmawati Sukarno Bengkulu;

5. Dr. Syamsul Rizal, M.Pd, as the first advisor for his assistance, valuable counsel, and inspiration;
6. Dedi Efrizal, M.Pd, as the second advisor for his patient, advises the researcher.

Bengkulu, Januari 2025



ABSTRACT

Fadly Hidayat, NIM.1811230047 2025. An Analysis of EFL Students' Speaking Anxiety (A qualitative study in 3rd semester English department students' in State Islamic University Fatmawati Soekarno Bengkulu Academic Year 2023/2024). Thesis. English language study program, Language Education department, Tarbiyah and Tadris Faculty, UIN Fatmawati Sukarno Bengkulu.

Advisor I : Dr. Syamsul Rizal, M.Pd.

Advisor II : Dedi Efrizal, M.Pd.

Keywords : *EFL, Students, Speaking Anxiety,*

This study aims to determine the causes of anxiety of English Education Students, semester III when learning to speaking English. This is done because there are still many students who experience anxiety but do not understand what causes anxiety in the students themselves.

This research is a qualitative research with data collection method using Observation, Interviews, and Documentation. To analyze the data, the researcher used data triangulation with data reduction, data presentation and drawing conclusions, so that from the data analysis the researcher found that there were three types of anxiety in third semester students majoring in English Education, UIN Fatmawati Sukarno Bengkulu, namely State Anxiety, Trait Anxiety and Specific- Situation Anxiety which if explored the three types of anxiety are caused by communication apprehension, Test Anxiety and Fear of Negative Evaluation. By knowing the causes of student anxiety, it will be easier for teachers and students to find solutions to overcome anxiety when speaking English.

ABSTRAK

Fadly Hidayat, NIM.1811230047 2025. Analisis kecemasan berbicara pada siswa yang mempelajari Bahasa Inggris sebagai Bahasa Asing (Sebuah Studi Kualitatif pada Mahasiswa Program Studi Pendidikan Bahasa Inggris semester 3 UIN Fatmawati Sukarno Bengkulu Tahun ajaran 2023/2024) Thesis. Program Studi Pendidikan Bahasa Inggris, Jurusan Pendidikan Bahasa, Fakultas Tarbiyah dan Tadris, UIN Fatmawati Sukarno Bengkulu.

Advisor I : Dr. Syamsul Rizal, M.Pd.

Advisor II : Dedi Efrizal, M.Pd.

Kata kunci : *Bahasa Inggris sebagai Bahasa Asing, Pelajar, Kecemasan Berbicara,*

Penelitian ini bertujuan untuk mengetahui penyebab dari kecemasan mahasiswa Pendidikan Bahasa Inggris Semester III ketika belajar berbicara dengan Bahasa Inggris. Hal ini dilakukan karena masih banyak mahasiswa mengalami kecemasan namun tidak memahami apa yang menjadi penyebab kecemasan pada mahasiswa itu sendiri.

Penelitian ini merupakan penelitian penelitian kualitatif dengan metode pengumpulan data menggunakan Observasi, Wawancara, dan Dokumentasi. Untuk menganalisis data peneliti menggunakan triangulasi data dengan reduksi data, penyajian data dan penarikan Kesimpulan, sehingga dari analisis data tersebut peneliti mendapatkan terdapat tiga jenis kecemasan pada mahasiswa smeseter III jurusan Pendidikan Bahasa Inggris UIN Fatmawati Sukarno Bengkulu yaitu State Anxiety, Trait Anxiety dan Specific- Situation Anxiety yang jika di dalami tiga jenis kecemasan itu di sebabkan oleh Communication Apprehension, Test anxiety dan Fear of Negative Evaluation. Dengan mengetahui penyebab dari kecemasan mahasiswa ini para pengajar dan mahasiswa akan lebih mudah untuk menemukan Solusi dalam mengatasi kecemasan saat berbicara menggunakan Bahasa Inggris

TABLE OF CONTENTS

COVER	i
ADVISOR SHEETS.....	ii
RATIFICATION.....	iii
MOTTO	iv
DEDICATION.....	v
PRONOUNCEMENT	vi
ACKNOWLEDGEMENT.....	vii
ABSTRACT	ix
ABSTRAK	x
TABLE OF CONTENTS.....	xi
CHAPTER I : INTRODUCTION	
A. Background of the Study.....	1
B. Identification Problem	12
C. Research Question.....	13
D. Research Objectives	14
E. Limitation of the Study	14
F. Significant of the Research	14
G. Operational Definition	15
CHAPTER II : LITERATURE RIVIEW	
A. Definition of Speaking	17
B. Aspect of Speaking	20
C. The Function of speaking.....	23
D. Activities in Learning Speaking.....	26
E. Problem in Learning Speaking.....	31

F.	Basic Concept of Anxiety	36
G.	Speaking Anxiety	43
H.	Previous Study	46
I.	Theoretical Framework	52

CHAPTER III : RESEARCH METHOD

A.	Research Design.....	55
B.	Place and Time of the Research	58
C.	Research Instrument.....	59
D.	Data Collecting Technique.....	62
E.	Technique of Data Analysis	63
F.	Technique of Data Verification.....	66

CHAPTER IV : FINDINGS AND DISCUSSION

A.	Result	67
B.	Discussion	93

CHAPTER V : CONCLUSION AND SUGESTION

A.	Conclusion	103
B.	Suggestion.....	104

REFERENCES

APPENDICES