

**THE INFLUENCE OF VISUAL, AUDITORY, KINESTHETIC
(VAK) LEARNING METHODS IN ENHANCING ENGLISH
VOCABULARY FOR STUDENTS AT MTS NUR-RAHMA
KOTA BENGKULU**

THESIS

**Submitted as Partial Requirements
For the Degree of *Sarjana Pendidikan* (S.Pd)
In English Department of UIN Fatmawati Sukarno Bengkulu**



Arranged by:

NURISKA

SRN. 2111230056

**ENGLISH EDUCATION STUDY PROGRAM
TARBIYAH AND TADRIS FACULTY
UIN FATMAWATI SUKARNO BENGKULU
2025**

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I hereby declare that the thesis entitled **“The Influence of Visual, Auditory, Kinesthetic (VAK) Learning Methods in Enhancing English Vocabulary for Students at Mts Nur-Rahma Kota Bengkulu”** is my own work and research and is not a plagiarism of the work of others. If in the future it is known that this thesis is the result of plagiarism, I am ready to be subject to academic sanctions.

Bengkulu, November 2025
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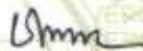
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RATIFICATION

This is to certify the thesis entitled **"THE INFLUENCE OF VISUAL, AUDITORY, KINESTHETIC (VAK) LEARNING METHODS IN ENHANCING ENGLISH VOCABULARY FOR STUDENTS AT MTS NUR-RAHMA KOTA BENGKULU"** by Nuriska (2111230056) has been approved by the board of Thesis Examiners as the requirement for degree of *Sarjana* in English Education Program.

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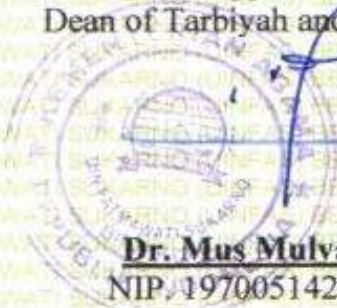
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The thesis entitled **"The Influence of Visual, Auditory, Kinesthetic (VAK) Learning Methods in Enhancing English Vocabulary for Students at Mts Nur-Rahma Kota Bengkulu"** has been guided, examined, and corrected in accordance with the suggestions of Supervisors I and II. Therefore, the thesis has fulfilled the requirements for the munaqosyah examination.

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MOTTO

”Dan mintalah pertolongan dengan sabar dan sholat”

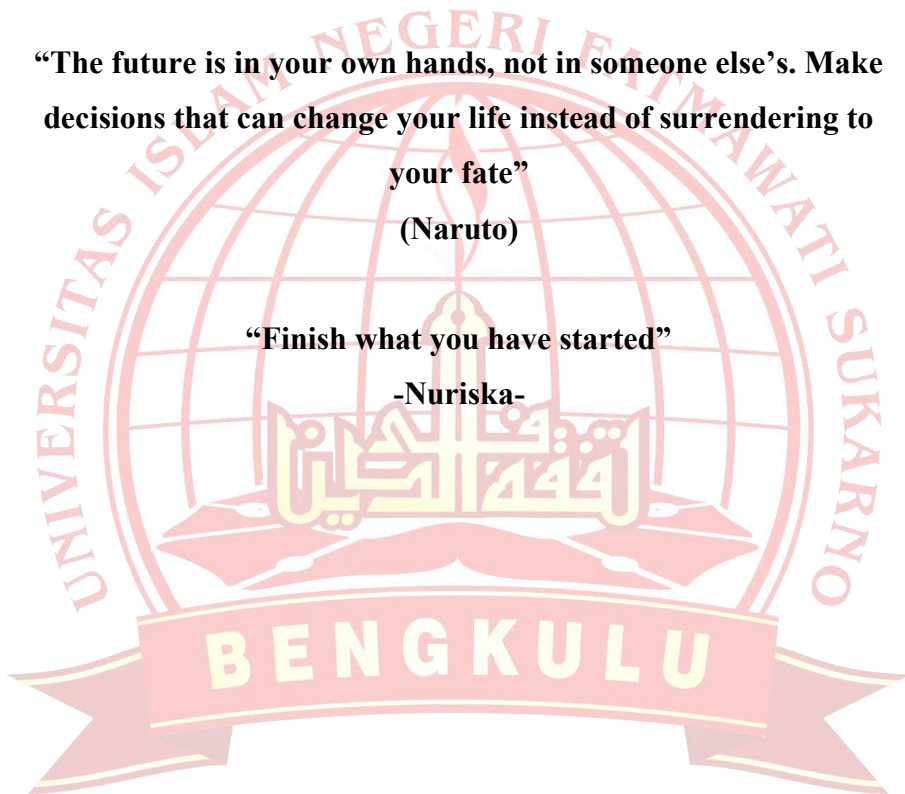
(QS. Al-Baqarah: 45)

“The future is in your own hands, not in someone else’s. Make decisions that can change your life instead of surrendering to your fate”

(Naruto)

“Finish what you have started”

-Nuriska-



DEDICATIONS

With gratitude and love, this thesis is dedicated to:

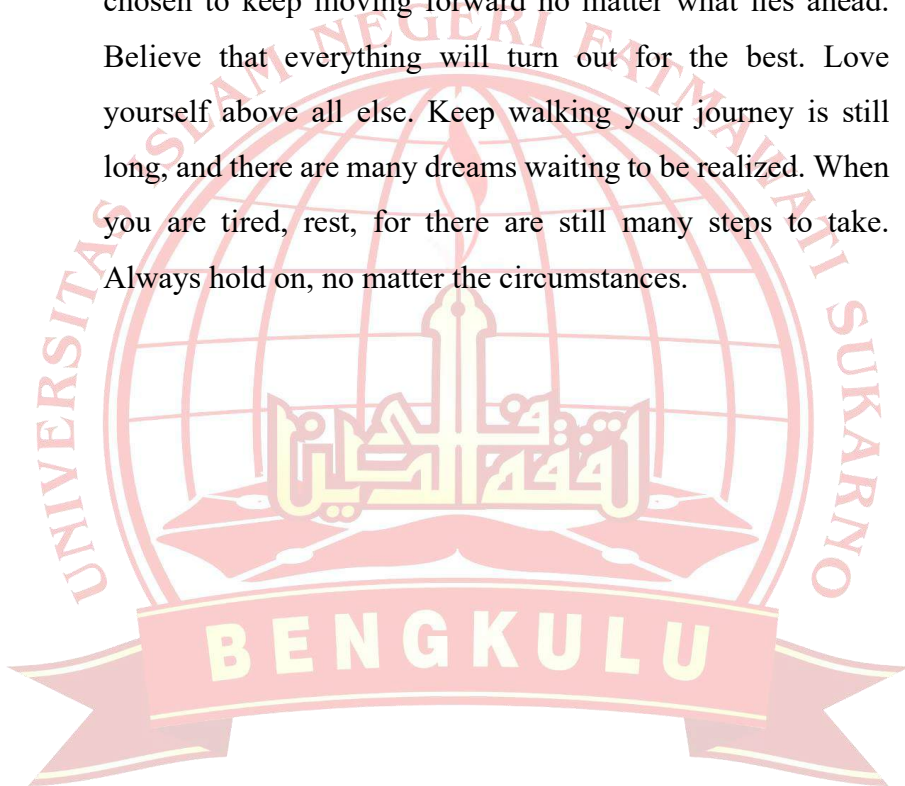
- ❖ Allah SWT the almighty god, thank you for allowing me to live, I am nobody without you.
- ❖ My three beloved parents my biological father, Sulaeman (the late), my biological mother, Irama Butiah Nengsih, and my stepfather, Harisna (the late). Thank you, Father, for your hard work every day, shedding sweat to provide for me from the time I was a baby until now. Thank you, Mother, for your endless love, sincerity, and sacrifices that I could never repay, even if I gave you everything I have. And thank you to my stepfather you came not to replace, but to complete. Your calm presence brought great meaning in my journey to gain knowledge. You were a gift sent by God to complete the love that was once lost. May Allah always pour His mercy upon my parents.
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- ❖ And finally, to myself, thank you for enduring and making it this far. So much has been experienced, and even though some wounds still remain, and often falling behind others, you have chosen to keep moving forward no matter what lies ahead. Believe that everything will turn out for the best. Love yourself above all else. Keep walking your journey is still long, and there are many dreams waiting to be realized. When you are tired, rest, for there are still many steps to take. Always hold on, no matter the circumstances.



ABSTRACT

Nuriska :The Influence of Visual, Auditory, Kinesthetic (VAK) Learning Methods in Enhancing English Vocabulary for Students at Mts Nur-RahmaKota Bengkulu

Advisor I : Fera Zasrianita, M.Pd

Advisor II : Yashori Revola, M.Pd

This study aims to determine the effect of the Visual, Auditory, Kinesthetic (VAK) Learning method on the English vocabulary mastery of seventh-grade students at MTs Nur Rahma Kota Bengkulu. The research method used was quantitative with a pre-experimental design (One-Group Pretest-Posttest Design). The subjects of this study were 14 students of class VII Mekkah. Data were collected through vocabulary tests (pre-test and post-test) and analyzed using the Normality Test and Paired Sample t-Test with the assistance of SPSS version 27. The results of the study showed a significant improvement in students' vocabulary mastery after the implementation of the VAK method. This was evidenced by the average post-test score (61.57) being higher than the average pre-test score (41.43), as well as the result of the paired sample t-test with a significance value (2-tailed) of $0.001 < 0.05$. Therefore, it can be concluded that the Visual, Auditory, Kinesthetic (VAK) Learning method is effective in improving the English vocabulary mastery of seventh-grade students at MTs Nur Rahma Kota Bengkulu.

Keywords: Visual, Auditory, Kinesthetic (VAK) Learning, English Vocabulary

ABSTRAK

Nuriska :Pengaruh Metode Pembelajaran Visual, Auditory, Kinesthetic (VAK) dalam Meningkatkan Kosakata Bahasa Inggris Siswa di MTs Nur-Rahma Kota Bengkulu

Pembimbing I : Fera Zasrianita, M.Pd

Pembimbing II : Yashori Revola, M.Pd

Penelitian ini bertujuan untuk mengetahui pengaruh metode Visual, Auditory, Kinesthetic (VAK) Learning terhadap penguasaan kosakata bahasa Inggris siswa kelas VII MTs Nur Rahma Kota Bengkulu. Metode penelitian yang digunakan adalah penelitian kuantitatif dengan desain pre-eksperimen (One-Group Pretest-Posttest Design). Subjek penelitian adalah 14 siswa kelas VII Mekkah. Data dikumpulkan melalui tes kosakata (pre-test dan post-test) dan dianalisis menggunakan uji Normalitas dan Paired Sample t-Test dengan bantuan program SPSS versi 27. Hasil penelitian menunjukkan bahwa terdapat peningkatan signifikan pada penguasaan kosakata siswa setelah penerapan metode VAK. Hal ini dibuktikan dengan nilai rata-rata post-test (61,57) yang lebih tinggi dibandingkan dengan nilai rata-rata pre-test (41,43), serta hasil uji-t berpasangan dengan nilai signifikansi (2-tailed) sebesar $0,001 < 0,05$. Dengan demikian, dapat disimpulkan bahwa metode Visual, Auditory, Kinesthetic (VAK) Learning efektif dalam meningkatkan penguasaan kosakata bahasa Inggris siswa kelas VII MTs Nur Rahma Kota Bengkulu.

Kata Kunci: Visual, Auditory, Kinesthetic (VAK) Learning, Kosakata Bahasa Inggris

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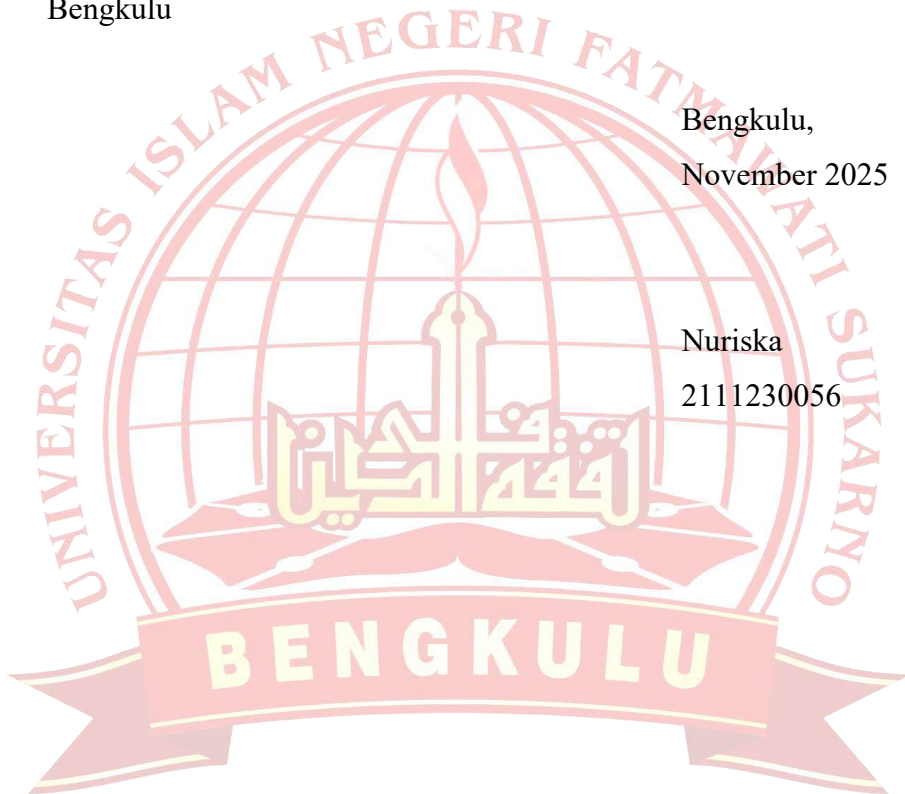


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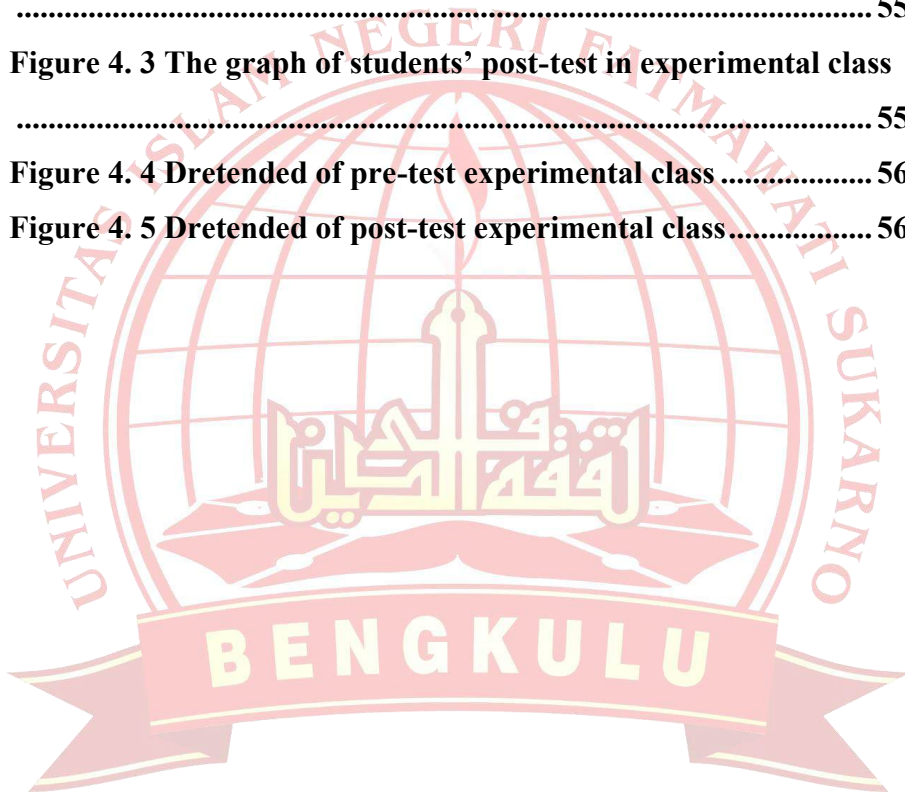
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