

**THE EFFECTIVENESS OF TOTAL PHYSICAL RESPONSE
(TPR) METHOD ON STUDENTS' VOCABULARY
MASTERY AT SDN 182 BENGKULU UTARA**

THESIS

Submitted as Partial Requirements for the Degree of *Sarjana Pendidikan*
(S.Pd) in the Study Program of English Education Faculty of Tarbiyah
and Tadris Fatmawati Sukarno State Islamic University of Bengkulu



Arranged By :

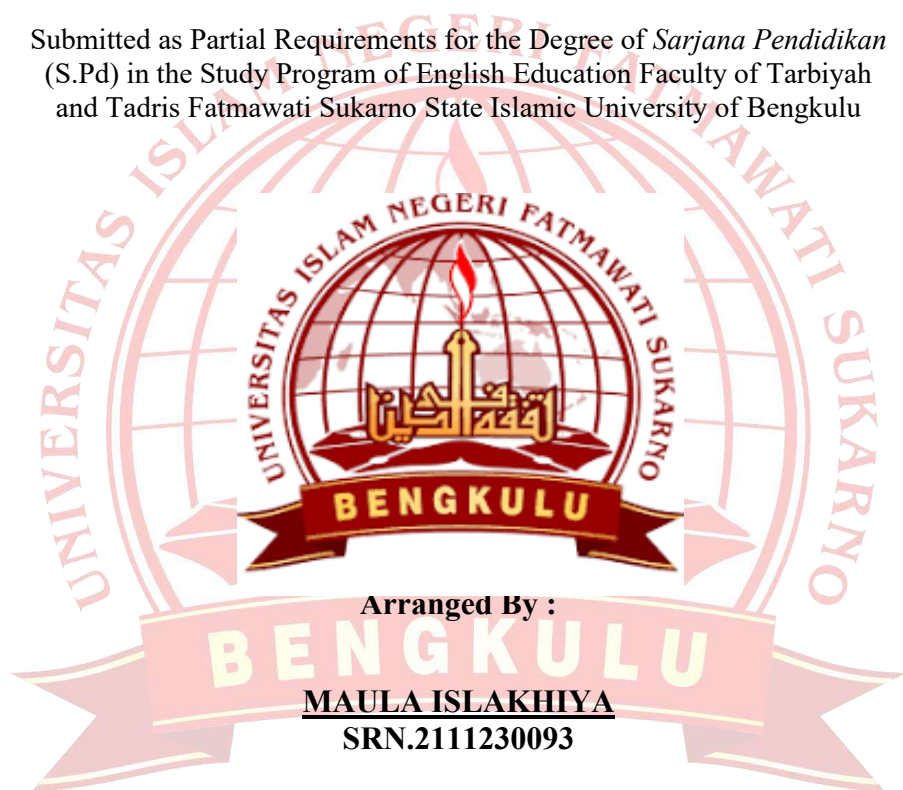
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UNIVERSITY BENGKULU
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I hereby declare that my thesis entitled **"The Effectiveness Of Total Physical Response (TPR) Method On Students' Vocabulary Mastery At Sdn 182 Bengkulu Utara"** is my own work or research and is not a plagiarism of the work of others. If in the future it is known that this thesis is the result of plagiarism, I am ready to be subject to academic sanctions.

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RATIFICATION

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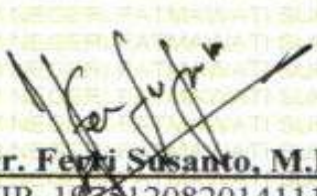
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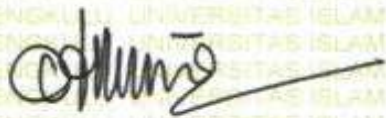
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The thesis entitled “The Effectiveness Of Total Physical Response (TPR) Method On Students’ Vocabulary Mastery At SDN 182 Bengkulu Utara” has been guided, examined, and corrected in accordance with the suggestions of Supervisors I and II. Therefore, the thesis has fulfilled the requirements for the munaqosyah examination.

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To

Dear Dean of the Faculty of Tarbiyah and Tadris UINFAS Bengkulu
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Assalamu'alaikum Wr Wb.

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supervisor's are of the opinion that the thesis on behalf of:

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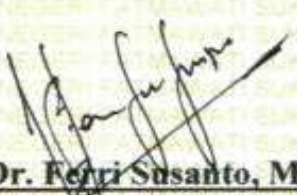
Thesis Title : The Effectiveness Of Total Physical Response
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At SDN 182 Bengkulu Utara

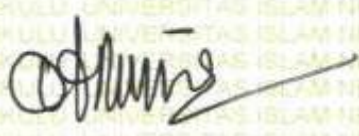
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Wassalamu'alaikum Wr Wb.

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PERSONAL EXPRESSION AND MOTTO

Personal Expression :

“My deepest gratitude goes to my beloved Mother, whose prayers and prostrations constantly reach the heavens. To my Father, your departure in the midst of this struggle has left a profound sorrow; yet your name remains my greatest source of strength and motivation to this very moment.”

This thesis is dedicated as an expression of gratitude and love to my parents, especially to my late father and my beloved mother, who have always been a guiding light in my life.

Motto :

“ My heart is at peace knowing that what has passed me by was never meant for me, and what is meant for me will never pass me by.”

(Umar bin Al-Khattab)

DEDICATIONS

With sincere gratitude and heartfelt appreciation, this thesis is dedicated to:

- ❖ All praise and gratitude are humbly devoted to Allah SWT. Your boundless love and mercy have granted me strength and enriched me with knowledge. Through the blessings and ease You have bestowed, this thesis has finally been completed smoothly and successfully
- ❖ The late Mr. Abdul Bakar. The person I miss the most. It was very difficult to be left behind at such a young age. Thank you for all your sacrifices, love, and responsibility for providing me with a decent life while you were alive. Thank you for being the biggest reason for me to stay motivated in pursuing the bachelor's degree you dreamed of. Although you were not present during the process of writing this thesis, you have always been an irreplaceable role model and source of inspiration throughout your life. Your prayers, teachings, and the values you instilled in me will always live on within me.
- ❖ My beloved mother, the door to my heaven, my mother Maisyaroh. Thank you for sacrificing so much time, energy, and effort, always fighting for the lives of your children, taking on the role of a father and becoming a source of pride as a great parent. An extraordinary figure who is always present in prayer, spirit, and endless sacrifice. Who has always

accompanied every step of the writer until reaching this point. May Allah SWT always grant health and happiness to my mother.

- ❖ My beloved brothers, Eko Ardian and Ahmad Abdus Salam, and my dearest sister, Mufiz Ardian, who have always provided moral support, attention, prayers, and endless motivation to the author throughout the process of writing this thesis. Their presence, advice, and encouragement have been a source of strength for the author to persevere through difficult times, not give up easily, and continue striving until this thesis could be completed successfully. May this humble work serve as a token of gratitude and pride for my beloved family.
- ❖ The supervisors, Dr. Ferri Susanto, M.Pd., and Anita, M.Hum. The author would like to express sincere gratitude for their valuable guidance, patience, and constructive suggestions throughout the completion of this thesis. Their continuous encouragement and professional insight contributed significantly to the successful completion of this research.
- ❖ Lastly, Maula Islakhiya would like to express appreciation to herself for the strength, patience, and perseverance in facing various challenges throughout the process of completing this thesis. Despite moments of doubt and exhaustion, she remained committed to finishing this work, making this achievement a meaningful personal milestone.

ACKNOWLEDGEMENT

All praise and gratitude are devoted to Allah SWT, the Most Gracious and the Most Merciful, whose guidance, blessings, and mercy enabled the author to complete this thesis successfully. By His will, the author was granted strength, patience, and clarity of mind to overcome various challenges throughout the research and writing process.

Peace and blessings be upon Prophet Muhammad SAW, the noble role model of humanity, whose teachings and exemplary character continue to inspire sincerity, integrity, and dedication in the pursuit of knowledge.

This thesis, entitled **“The Effect of Total Physical Response (TPR) Method On Students' Vocabulary Mastery at SDN 182 Bengkulu Utara ”** is submitted as a partial fulfillment of the requirements to obtain the Undergraduate Degree (S1) in the English Education Study Program. The process of completing this thesis provided valuable academic experience as well as meaningful personal growth for the author.

The author would like to express sincere appreciation and deep respect to the following individuals and institutions:

1. Prof. Dr. KH. Zulkarnain, M.Pd., Rector of UIN Fatmawati Sukarno Bengkulu.
2. Dr. Mus Mulyadi, M.Pd., Dean of the Faculty of Tarbiyah and Tadris, UIN Fatmawati Sukarno Bengkulu.

3. Dr. M. Hidayaturrehman, M.Pd.I., Head of the Department of Tadris, UIN Fatmawati Sukarno Bengkulu.
4. Hanura Febriani, M.Pd., Head of the English Education Study Program.
5. Dr. Ferri Susanto, M.Pd., as the first supervisor, for his valuable guidance, thoughtful suggestions, and continuous support during the completion of this thesis.
6. Anita, M.Hum., as the second supervisor, for her insightful feedback, encouragement, and motivation throughout the research process.
7. All lecturers of the English Education Study Program, for their dedication, knowledge, and guidance throughout the author's academic journey.

The author acknowledges that this thesis still has limitations. Therefore, constructive criticism and suggestions are highly appreciated. It is sincerely hoped that this thesis will contribute positively to the development of knowledge and serve as a useful reference for future research.

Bengkulu, December
2025

Maula Islakhiya
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ABSTRACT

Maula Islakhiya : The Effectiveness Of Total Physical Response (TPR) Method on Students' Vocabulary Mastery At SDN 182 Bengkulu Utara.

Advisor 1 : Dr. Ferri Susanto, M.Pd

Advisor 2 : Anita, M.Hum

This study aims to analyze the significant of to Total Physical Response (TPR) method on students vocabulary mastery of fifth-grade at SDN 182 Bengkulu Utara. Vocabulary is an important aspect of English language proficiency, but many students still have difficulty understanding and remembering new words. This study uses a quantitative approach with a quasi-experimental design consisting of two groups: an experimental group that received instruction using the TPR method and a control group that learned using lecture-methods. The sample size in this study was 43 students, determined using total sampling technique. The research instrument was a vocabulary test administered at the pre-test and post-test stages. A significance effect on students vocabulary in the experimental, where the average score rose from 54.66 to 81.47. Meanwhile, the control group only experienced from 34.77 to 47.22. Based on the results of statistical analysis, the TPR method was proven to have a significant effect on students' vocabulary skills. Thus, the Total Physical Response method can be considered effective and feasible as an alternative for teaching vocabulary to elementary school students.

Keywords : Total Physical Response, vocabulary mastery

ABSTRAK

Maula Islakhiya : Efektivitas Metode Total Physical Response (TPR) terhadap Penguasaan Kosakata Siswa di SDN 182 Bengkulu Utara.

Advisor 1 : Dr. Ferri Susanto, M.Pd

Advisor 2 : Anita, M.Hum

Penelitian ini bertujuan untuk menganalisis pengaruh metode Total Physical Response (TPR) terhadap penguasaan kosakata siswa kelas lima di SDN 182 Bengkulu Utara. Kosakata merupakan aspek penting dalam kemahiran bahasa Inggris. Penelitian ini menggunakan pendekatan kuantitatif dengan desain quasi-eksperimental yang terdiri dari dua kelompok: kelompok eksperimen yang menerima pengajaran menggunakan metode TPR dan kelompok kontrol yang belajar menggunakan metode ceramah. Ukuran sampel dalam penelitian ini adalah 43 siswa, ditentukan menggunakan teknik sampling total. Alat penelitian berupa tes kosakata yang diberikan pada tahap pre-test dan post-test. Terdapat efek signifikan pada penguasaan kosakata siswa di kelompok eksperimen. Berdasarkan hasil analisis statistik, metode TPR terbukti memiliki efek signifikan terhadap keterampilan kosakata siswa. Oleh karena itu, metode Total Physical Response dapat dipertimbangkan sebagai metode yang efektif dan layak sebagai alternatif untuk mengajarkan kosakata kepada siswa sekolah dasar..

Kata Kunci : Total Physical Response, penguasaan kosakata.

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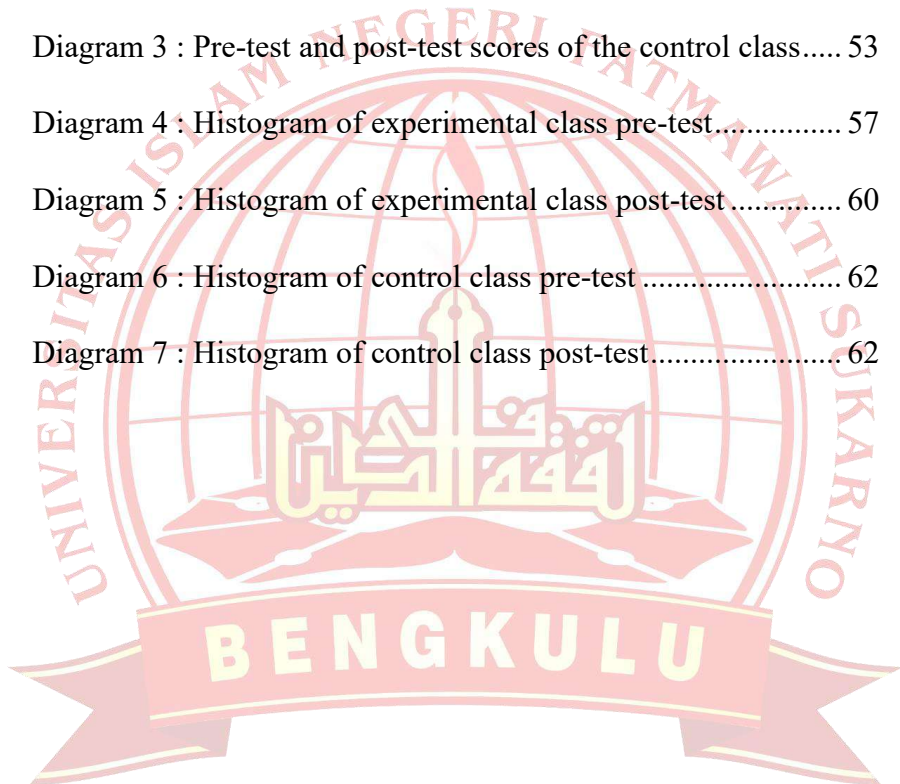
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