

**EXPLORING READING HABITS OF STUDENTS
WITH LOW INTEREST IN READING ENGLISH TEXT:
A CASE STUDY IN GRADE VIII AT SMPN 12 KOTA BENGKULU**

THESIS

*Submitted As Partial Requirements for The Degree of Sarjana
Pendidikan (S.Pd) In The English Study Program*



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TARBIYAH AND TADRIS FACULTY
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I hereby declare that the thesis Entitled **“Exploring Reading Habits of Students with Low Interest in Reading English Text in grade VIII at SMPN 12 Kota Bengkulu”** is my own work and research and is not a plagiarism of the work of others. If in the future it is known that this thesis is the result of plagiarism, I am ready to be subject to academic sanctions.

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MOTTO

“Tidak akan Allah halangi jika sesuatu pantas untukmu”

(QS Asy-Syarh:4)

***“It’s not always easy, but that’s life. Be strong because there
better days ahead”***

(Mark Lee)

“It’s fine to fake it until you make it, until you do, until it true”

(Taylor Swift)

***“Di balik setiap halaman skripsi ini, tersimpan doa yang tak
pernah putus, pengorbanan yang tak pernah dituntut balas, dan
kepercayaan yang menjadi alasan terus bertahan.”***

(Resti Amalia Putri)

ABSTRACT

Resti Amalia Putri : Exploring Reading Habits of Students with Low Interest in Reading English Text: A Case Study in grade VIII at SMPN 12 Kota Bengkulu

Advisor 1 : Nadrah, Ph.D.

Advisor 2 : Dr. Fera Zasrianita M.Pd.

This study aims to explore the reading habits of students with low interest in reading English texts, identify the factors influencing this low interest and the students' reading habits, and determine how students approach English reading assignments despite their low interest in reading among eighth-grade students at SMPN 12 in Kota Bengkulu. This study employs a qualitative approach with a descriptive design. The research subjects consisted of ten students selected using purposive sampling. Data were collected through semi-structured interviews, observations, and documentation. The results indicate that students' reading habits remain low, characterized by limited reading frequency and duration, with reading activities generally performed only to fulfill school assignments. Low reading interest is influenced by internal factors including limited vocabulary, difficulty understanding texts, and low motivation as well as external factors, such as support from teachers and families, the learning environment, access to reading materials, and a preference for digital media. Despite their low interest in reading English texts, students still strive to complete reading assignments in various ways, such as using translation apps, asking teachers or friends for help, and looking up information or the meanings of words they do not understand. This study concludes that students' reading habits and low interest in reading English texts are influenced by the interaction between internal and external factors. In addition, students with low interest in reading still employ various strategies to tackle and complete English reading

assignments. Therefore, ongoing support from schools, teachers, families, and students is needed to increase interest and foster better reading habits.

Keyword: *reading habits; reading interest; English texts*



ABSTRAK

Resti Amalia Putri : Exploring Reading Habits of Students with Low Interest in Reading English Text: A Case Study in grade VIII at SMPN 12 Kota Bengkulu

Advisor 1 : Nadrah, Ph.D.

Advisor 2 : Dr. Fera Zasrianita M.Pd.

Penelitian ini bertujuan untuk mengeksplorasi kebiasaan membaca siswa yang memiliki minat rendah dalam membaca teks bahasa Inggris, mengidentifikasi faktor-faktor yang memengaruhi rendahnya minat tersebut dan kebiasaan membaca siswa, serta mengetahui bagaimana siswa menghadapi tugas membaca bahasa Inggris meskipun memiliki minat membaca yang rendah pada siswa kelas VIII SMPN 12 Kota Bengkulu. Penelitian ini menggunakan pendekatan kualitatif dengan desain deskriptif. subjek penelitian penelitian terdiri atas sepuluh siswa yang dipilih menggunakan teknik purposive sampling. Data dikumpulkan melalui wawancara semi-terstruktur, observasi, dan dokumentasi. Hasil penelitian menunjukkan bahwa kebiasaan membaca siswa masih rendah, yang ditandai dengan frekuensi dan durasi membaca yang terbatas serta kegiatan membaca yang umumnya hanya dilakukan untuk memenuhi tugas sekolah. Rendahnya minat membaca dipengaruhi oleh faktor internal, meliputi keterbatasan kosakata, kesulitan memahami teks, dan rendahnya motivasi, serta faktor eksternal, seperti dukungan guru dan keluarga, lingkungan belajar, akses terhadap bahan bacaan, dan preferensi terhadap media digital. Meskipun memiliki minat yang rendah dalam membaca teks bahasa Inggris, siswa tetap berusaha menyelesaikan tugas membaca dengan berbagai cara, seperti menggunakan aplikasi penerjemah, meminta bantuan guru atau teman, serta mencari informasi atau arti kata yang tidak dipahami. Penelitian ini menyimpulkan bahwa kebiasaan membaca dan rendahnya minat siswa dalam membaca teks

bahasa Inggris dipengaruhi oleh interaksi antara faktor internal dan eksternal. Selain itu, siswa dengan minat membaca yang rendah tetap melakukan berbagai strategi untuk menghadapi dan menyelesaikan tugas membaca bahasa Inggris. Oleh karena itu, diperlukan dukungan berkelanjutan dari sekolah, guru, keluarga, dan siswa untuk meningkatkan minat serta membangun kebiasaan membaca yang lebih baik.

Kata kunci: *kebiasaan membaca; minat membaca; teks bahasa Inggris*



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Bengkulu, August 2026

Researcher

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DEDICATIONS

Of all the pages in this thesis, the acknowledgments page is the most meaningful, as this is where the author expresses gratitude that cannot be put into words. *Bismillahirrahmanirrahim*, the author dedicates this thesis to

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